

GREAT MONGEHAM NEWSLETTER

March 2024

DATES FOR YOUR DIARY (in the Parish Hall unless stated otherwise in Reports)

Horticultural Society: Wed 6th Mar.

Parish Council: Thur 7th Mar.

Saint Martin's WI: Thur 14th Mar.

Great Mongeham Society: Thur 21 Mar.

Useful Telephone numbers:

Kent Police for non-emergencies
101

Health non-emergencies **111**

COVID **119**

Local electricity network operator
105

Gas Emergency Number

0800 111 999

Southern Water Emergency Number

0330 303 0368

Great Mongeham Parish Council

Council minutes can be read at www.great-mongeham-pc.gov.uk

Parish Clerk:
clerk@great-mongeham-pc.gov.uk

PUBLIC MEETING AT THE PARISH HALL:

SAVE GREAT MONGEHAM FAIRFIELD

THURSDAY 29TH FEBRUARY, 7:15PM-9:15PM

A group of concerned residents are organising to oppose plans to build 23 houses on the historic Fairfield, known by many as the horses field behind the Three Horseshoes/accessed solely via St Edmunds Close. A drop-in session to meet other residents, find out how you can make a valid objection, and to let them know how you can share your expertise to help us to further oppose the application will be held at the Parish Hall on 29th February from 7.15pm. The Dover District Council planning reference is 24/00170. (P Wells)

Sign the petition: www.change.org/p/keep-great-mongeham-s-fair-field-green

Find them on Facebook: www.facebook.com/groups/mongehamfairfield

MEDITATION AND SLEEP CLASSES

Monday is the perfect day of the week to practice as you get the benefits throughout your busy week. Meditation has been proven to have numerous benefits for both physical and mental health. It is an effective tool for reducing stress, anxiety and promoting relaxation. At the same time, it improves focus and concentration, and increases productivity and clarity.

Sleep is vital for our overall health and well-being, but most of us struggle to get the quality and quantity of sleep we need to function at our best. This is where Sleep Well classes come in, with better sleep you can experience improved mood, increased productivity, and better physical and mental health.

Join Sue Gray, Sleep Coach & Therapist, at the Parish Hall for:

MEDITATION FOR KIDS - Taster session on Monday 8 April at 12.45 (age 9 and above) and 2pm (age 12+).

MEDITATION FOR ADULTS - From Monday 15 April, there will be a weekly lunchtime class for adults starting at 12.45.

SLEEP WELL CLASSES—From Monday 15 April at 2pm.

Contact Sue Gray: 07792 447331, sue@suegray.co.uk

We would be grateful to receive any items for the next edition before **the 20th of the month** by email to greatmongehamnews@gmail.com

Anyone wishing to advertise in the newsletter, please contact the email above. You will need to produce 470 copies on an A5 flyer, which will be delivered to the whole parish for £12

CLUB, SOCIETY AND VILLAGE REPORTS

Great Mongeham Society

Helen Charlton, sporting an eye-catching outfit made from recycled rubbish, gave a lively and informative talk about how we can all make important choices in reducing waste in our locality. There was much discussion from members. "Pick Deal Clean" has lots of equipment and advice for villages who wish to participate in The Great British Spring Clean 15th March to 31st March. Please ask our local parish council to organise a family event if this vital issue concerns you.

Next meeting: 21st March 7.30 p.m. Jim Davies, a former miner, will be speaking about the impact of coal mining on the life of our village.

Conservation Area Project: The consultant appointed by DDC has met with members of the GMS and begun the re-appraisal of the village buildings, setting and greenspaces.

Great Mongeham Horticultural Society

Our next meeting is on Wednesday 6th March at 7.30.p.m. Our speaker will be Janette Nikols and she will be telling us 'How we can Create our own Cottage Gardens'.

Refreshments and Raffle as usual as well as a Bring & Buy Plant Sale (Growing months mostly). New members will always be made welcome. Come along! (AA)

Saint Martin's WI

The WI has a long history of campaigning for improvements in British life. Of great concern today is the way climate change is affecting us all, and the need to keep it in the forefront of all governments. Our campaign is called 'Show the Love' and the symbol is a green heart. As we are planning an exhibition in the Parish Hall, the last meeting was devoted to making green hearts in various mediums. We also held our AGM, at which a new President and Committee were elected.

At our next meeting on 14th March we will be hearing from a Speaker from the R.N.I.B. (JEB)

Great Mongeham Parish Council

The Parish Council meets on the first Thursday in the month (except August and January) in the Parish Hall (unless otherwise stated). The next meetings will be on 7th March. Council minutes can be read at www.great-mongeham-pc.gov.uk Jo Jones, the Parish Clerk can be contacted at: clerk@great-mongeham-pc.gov.uk

ST. MARTIN'S CHURCH

Priest in charge: Rev Monica Cameron (day off Friday) 01304 374 076 or 07383 360 395

Weddings, Baptisms: contact the office on 01304 369 919, stleonardsoffice@btinternet.com or Rev Peter Hambrook 07900 141 334

Church Wardens: Christine Taylor 01304 852 932, Steve Manion 07968 972 746, Wendy Manion 07411 432 541

Parish Treasurer: John Wakeman c/o stleonardsoffice@btinternet.com

Friends of St Martin's Treasurer: Emma Barrett

St Martin's Church Services

Sunday 3rd March	No morning service. Social afternoon with coffee and cakes from 2 till 4pm
Sunday 10th March	Mothering Sunday, Holy Communion at 11am
Sunday 17th March	Morning Worship at 11am. Evensong at 4.30pm
Sunday 24th March	No service at St Martin's. Joint Service at St Nicholas Sheldon at 11am.
Friday 29th March	Good Friday at 1pm till 3pm, Devotion and veneration of the Cross
Saturday 30th March	Easter Vigil at 7pm
Sunday 31st March	Easter Sunday Holy Communion at 11am

St Martins is open every Wednesday morning for morning prayer at 9.30am.

Tower bell ringing practice every Tuesday evening at 7.30pm learners and experienced ringers needed and always welcome.

Children always welcome at all services.

Holy Communion at Caesar Court on Tuesdays at 10.30am on the 12th and 26th March. Non-residents are welcome to attend.

Parish (UDGM) Prayer Group. Come and join us on the 2nd Saturday of each month in St Martin's Church at 10am for half an hour. For more information you can email wizzy4beth@gmail.com.

Flower Rota: No flowers for lent from 3rd to 24th March. Whole team for 31st on 29th March. Donations for Easter flowers welcome (no lilies due to allergies).

Sunday School Sunday school is available weekly at the same time as morning services at St Martin's Church. For age 3yr and over, contact Sylvia Griffiths 01304 367124.

For other church news, please take a weekly newsletter from the church porch. Our group of churches has many free activities from groups for babies, toddlers and school children to coffee mornings and Alzheimer support sessions.

GREAT MONGEHAM COMMUNITY CHURCH

The church is open on a Sunday morning 10.30 - 11.30 where we all meet for a more informal meeting, and all are welcome to join us. There is a 'drop in' with tea or coffee and cake on Wednesdays 10.30 to 11.30. For church matters contact Church Secretary Chris Godden on 01304 367940 or email: chrisie22@googlemail.com. For

ORGANISATIONS AND CLUBS IN THE PARISH

Organisation or Club	Meeting times & Location (Parish Hall unless stated otherwise)	Contact Telephone Number
Great. Mongeham Parish Council www.great-mongeham-pc.gov.uk	1st Thurs 7.30 pm (not Aug/Jan)	<u>Chair</u> John Gatland 07885564187 <u>Clerk</u> J Jones clerk@great-mongeham-pc.gov.uk
AnnAndy's Country Music Club	Every 2nd & 3rd Saturday in the month from 7pm	Ann 07753133326
Ballet Primary, Tap grade 1&2	Tuesday 4-6pm	J Anton 07484877574
Ballet grade 4, Acrobatic gym	Wednesday 5-7pm	J Anton 07484877574
Bell Ringers	Tuesday 7.30 pm. Church Tower, St Martin's	Peter Deverson 01304 365460
Brownies (age 7+)	Thursday 5-6.30pm	S Roberts 07872647909
Community Drop In	Wed 10.30 to 11.30, Community Church, Mongeham Road	Chrisie Godden 01304 367940 chrisie22@googlemail.com
Dance and Exercise to Music with Jasmine Reeve	Wednesday 2pm-3pm	03333 660 661 hayley.clark@yourleisure.uk.com
Great Mongeham Society	3rd Thursday 7.30pm (not Sep/Dec)	greatmongehamsociety@hotmail.com
Gt. Mongeham Art Group	Tuesday 1.30pm term-time only	Jane Jobey 01304 381702 iandj_jobey@hotmail.com
Gt M Horticultural Society	1st Wed 7.30pm (not Jan & Sept)	www.greatmongehamhorticulturalsociety.org Chairman: Fred Arvidsson, cfa@myself.com
Musical Theatre, Irish & Jazz	Monday 4.30-7pm	J Anton 07484877574
Happy Feet Dancing Club	Friday 1.30-3.30pm	Marion Wood 07742258126
Meditation & Sleep Classes (from 15th April)	Mondays at 12.45 (Meditation) and 2pm (Sleep)	Sue Gray 07792 447331 sue@suegray.co.uk
Parish Hall bookings	gmphbookings@aol.com	Bara Greener 07783016927
Pilates	Monday 11-12am	Lisa 07835615457 lisa@lovemyfitness.co.uk
	Tuesday 10.30am	Lorraine Pullen 07734473784
Rainbows (age 5-7)	Thursday 4-5pm	Sam Green 07967 501664
St. Martin's Hand-bell Ringers	Alt Weds, 141 Mongeham Road	Audrey Pitchford 01304 362202
St. Martin's W.I.	2nd Thursday 7.30 pm	saintmartinswi@gmail.com
Sunday School (3 years & over)	Sun 11.00 St Martin's Church	Sylvia Griffiths 01304 367124
Tai-Chi class with Steven Fillenberg	Wednesdays 12.30-1.30pm	03333 660 661 hayley.clark@yourleisure.uk.com
Weight loss & exercise	Monday 9.30-11.00am	Lisa 07835615457 lisa@lovemyfitness.co.uk
Yoga	Mondays at 6.30pm and 7.30pm	Josephine 07825 373926 simply.prana@yahoo.co.uk www.barefeet.yoga
	Intermediate: Thurs 09.15-10.15 Gentle: Thurs 10.30-11.45	hello@yourbrightskies.co.uk http://www.yourbrightskies.co.uk